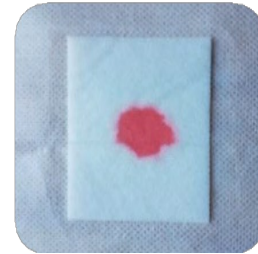


ESTIMATING EXUDATE

Effective exudate management can reduce time to healing, reduce exudate related problems such as periwound skin damage and infection, establish appropriate dressing change frequencies and improve a patient's overall quality of life.¹

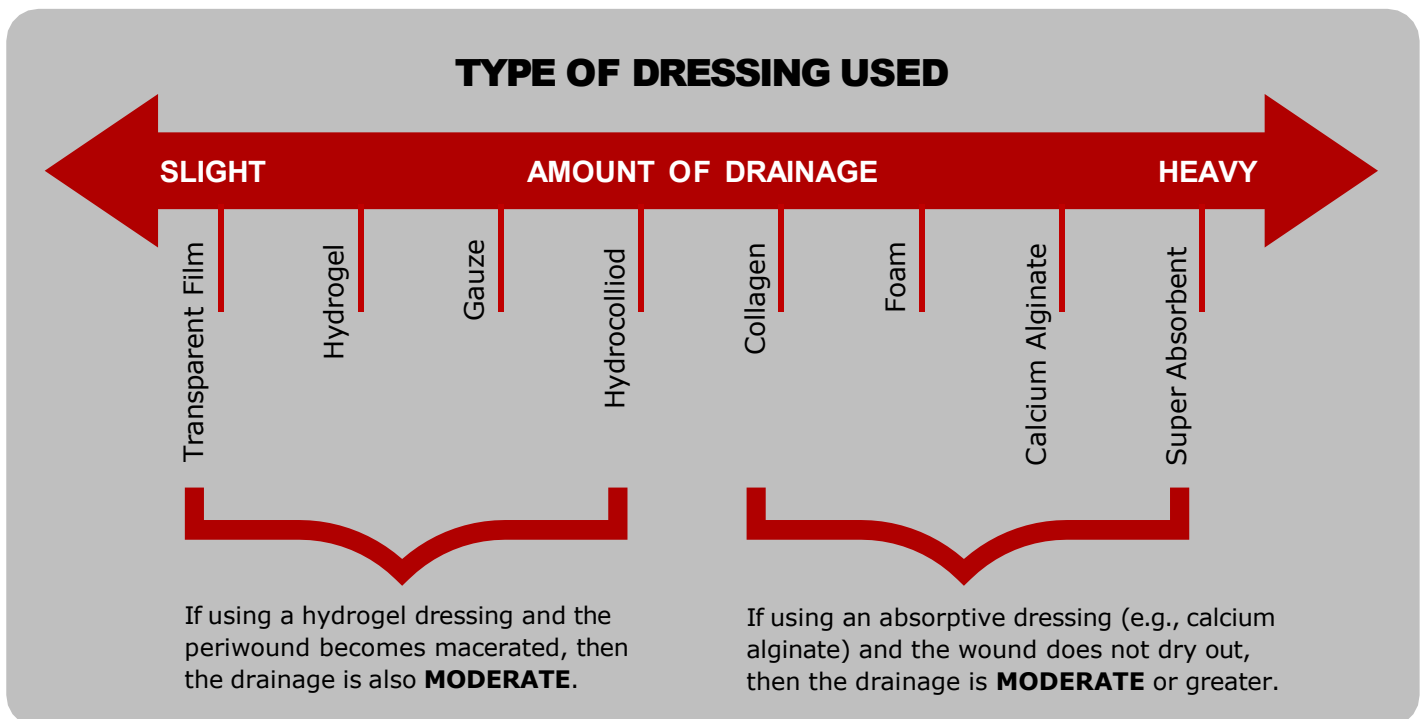
FREQUENCY OF DRESSING CHANGE

- Viewing the old dressing and knowing when this dressing was last applied is critical in making an accurate assessment of wound exudate.
- Any wound requiring a daily dressing change due to drainage is expressing MODERATE drainage (or greater).
- Dressings with drainage strikethrough and/or dressings with 75% saturation should be changed more frequently (e.g., QD, BID).



- Changed 1 week ago ▶ SCANT
- Changed 1 day ago ▶ MODERATE
- Changed 12 hours ago ▶ HEAVY

Courtesy: Dot Weir, RN, CWON, CWS



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References: 1. M Romanelli, K Vowden, D Weir. Exudate Management Made Easy. Wounds International 2010; 1(2): Available from <http://www.woundsinternational.com>

This information is provided for informational purposes only. Patient management decisions should be based on a number of factors, including (but not limited to) professional society guidelines and published clinical literature relevant to a patient's condition. Providers are encouraged to rely on their training and expertise, as well as any and all available information, prior to making management or treatment decisions for any individual patient.